Abstract of the Disclosure

Compounds according to the formula A-Z-W as herein described, wherein A is selected from the groups consisting of: A'-(CH₂)_n- , A'-(CH₂)_nSO₂- , and A'-(CH₂)_nCO- , where n is 0 to 4; and A' is selected from

- ' (a) (C₆-C₁₀)aryl-, or
- (b) (C₁-C₉)heteroaryl-; which groups may be optionally substituted; and pharmaceutically acceptable salts, solvates or hydrates thereof; pharmaceutical compositions thereof; and methods useful to facilitate secretion of growth hormone(GH) in mammals.

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